

SPA TREATMENTS

Prices for Spa Treatments and Massage therapies with Angel Belle INCLUDE a 30 minute session in the health suite prior to treatments when spending over £50.00

Heavenly hydrating salt brushing

(30 minutes)

£20 Spa Find Heavenly Hydration Salt Brushing Scrub is an exfoliation treatment suitable for those who desire a highly nourishing exfoliation treatment. A delightfully aromatic and invigorating spa exfoliation treatment combining pure Dead Sea Salt to remove dead skin cells and revive skin texture, Vitamin E to aid skin repair and protect and Coconut oil to nourish and promote a soft smooth and hydrated body. It invigorates the body as it is lightly polished from head to toe.

Benefits :

- Removes dead skin cells
- Hydrates and nourishes
- Detoxifies the body and helps to improve blood circulation
- Reduces the appearance of cellulite on the top of the legs and buttocks
- Speeds up cell metabolism and stimulates cell regeneration

Infinite Indulgence Black mud envelopment

(1 hour 15 minutes)

£45 Spa Find Infinite Indulgence Black Mud Envelopment is a calming full body treatment which nourishes the skin and relaxes aching muscles and joints. A full body exfoliation is followed by application and envelopment in warm Dead Sea mud to soften, soothe and condition the skin with rich minerals. This luxury spa treatment ends with a heavenly scalp massage.

Benefits :

- Bursting with 21 earth-given minerals, natural Dead Sea Mud is unequalled in its ability to enrich, enhance and hydrate.
- With seemingly magical results, your skin will look and feel positively radiant

Marine Miracle Algimud Body Firming Wrap ***(1 hour)***

£40 The Spa Find Marine Miracle Algimud Body Contouring Treatment tones and firms the skin, improves cellulite and nourishes the skin. The treatment begins with a luxury exfoliation followed by Algimud Dead Sea mud and seaweed mask. A personalised treatment designed to revitalise specific problem areas. This modelling mask uses a unique formulation of seaweed, Dead Sea mud and plant extracts, which have combined powerful effects to eliminate cellulite and tone the body contours. An exfoliation ritual to invigorate the localised area begins the treatment, followed by an application of caffeine-rich extracts and specialised massage techniques to help with deep penetration of the active ingredients, which work together to stimulate, detoxify and firm the body.

Benefits :

- Tones and firms the skin
- Improves cellulite
- Nourishes the skin.

HOLISTIC MASSAGE

Hot Stones Massage (1 hour)

£55

There's absolutely no question about it-**a hot stone massage** is one of the most relaxing, indulgent, and satisfying body treatments available. Basalt stones are heated and applied to the body in unique and relaxing ways harmonising, restoring and rejuvenating the body at its deepest level. Stones and massage are combined in this deeply relaxing treatment. The heat from the stones penetrates deeply into muscles and tissues to relax, detox and relieve muscular aches & pains. With the addition of heat, your body becomes relaxed in a much shorter space of time allowing focus on a deep working of the tissues. Your body is smoothed with oil and the stones worked in turn by hand.

Benefits:

- Boosts circulation
- Releases stored tension
- Recharge energy levels
- Relaxes

Indian Head Massage (35 minutes)

£30

An energetic stress-busting and deeply relaxing therapy which works specifically on the area surrounding the head, scalp and face, neck and extending to the shoulders and upper back. Designed to relieve muscular tension and stress in the areas that need it most.

Benefits:

- Leaves you feeling relaxed and revived
- Improves clarity of mind
- De-stresses

***Aromatherapy Massage
(1 hour)***

£55

Aromatherapy is a unique body massage where pure, highly concentrated and very powerful plant essential oils are used with therapeutic massage to help relieve both physical and mental tension and target specific ailments. Essential oils possess natural healing properties – without harmful side-effects. Helpful for many health conditions including stress and the physical complaints that arise from it i.e. disturbed sleep, anxiety, mood swings, skin rashes, headaches, fatigue etc. Also excellent for Bad Backs. Relieves pain and tension and helps with posture and relaxation. Massage is very effective on muscular problems breaking up tissue adhesions, improving muscle tone, boosting circulation and increasing feelings of well-being whilst eliminating toxins. Excellent for sports enthusiasts.

Aromatherapy is also effective for the relief of the following conditions: depression and nervous tension, fatigue (including chronic) and ME, menstrual problems, pregnancy and the menopause, poor circulation, high blood pressure, respiratory conditions including asthma and sinusitis, rheumatism, arthritis and joint mobility, skin conditions.

Benefits:

- Offers a truly holistic, gentle and natural way of achieving balance in your life both physically and mentally.

***Swedish Massage, Full Body
(1 hour)***

£55

A Swedish massage can be slow and gentle, or vigorous and deep. It manipulates superficial and deeper layers of muscle and connective tissue to enhance function and aid in the healing process and most importantly the technique is to relax the entire body. Beyond relaxation it is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension.

Benefits:

- Ultimate relaxation
- Oxygenation
- Removing toxins
- Enhanced muscle function
- Healing